

[becomingcrew.com/community-solo](http://becomingcrew.com/community-solo)



# Deep Winter Community Solo

[hello@becomingcrew.com](mailto:hello@becomingcrew.com)



**Wintering brings about some of the most profound and insightful moments of our human experience, and wisdom resides in those who have wintered.**

Katherine May

# Why Join?

## Embrace the darkness of the season

Cultivate your capacity to step into service to life

Commit to a time of composting, reflection and deep rest. Make space for shedding, letting go.

Mark important transitions and create space for the seeds of new beginnings within you to gently germinate.

## Become part of community

Connect to others who are navigating these mysterious times.

In community we practise reciprocity, we see ourselves reflected through the shared challenges, questions & longings. All of it holds a deep potential for collective & individual transformation.

## Deepen your belonging to nature...

Spend intentional time with/in nature and begin to deepen your relationship with the more-than-human world. Through this, we can begin to heal our separation from Nature and move towards answers to the deep questions we hold in these mysterious times.

# Why Threshold Walk

## **Time alone in/with Nature**

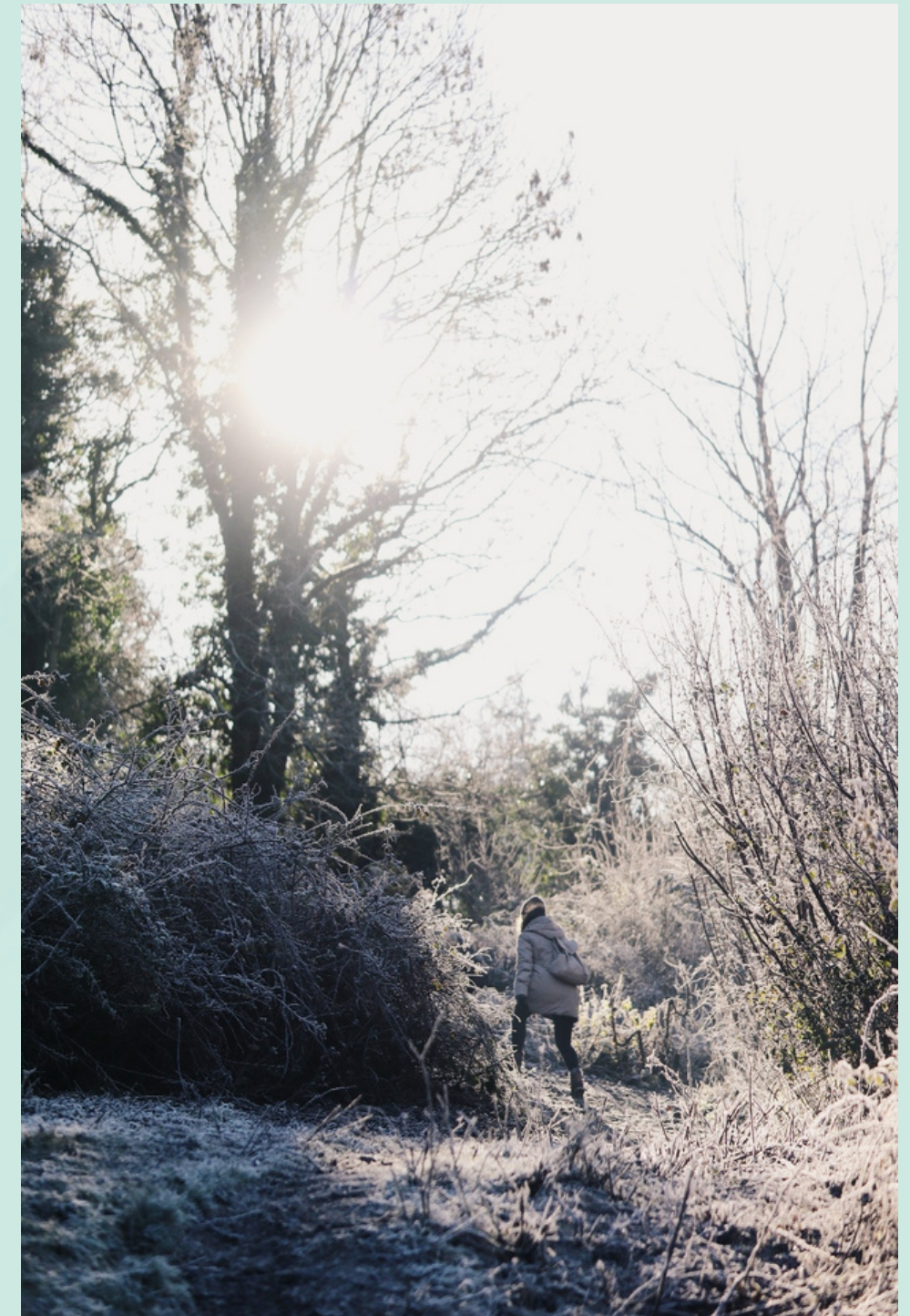
We are working with the age-old idea of taking our questions, challenges & intentions onto the land to listen deeply to the wisdom that is within us, our community, and more -than- human world.

Your Threshold Walk might be a walk from before dawn to after dusk or a shorter experience. We will guide and support you to choose an appropriate experience. With the knowledge of your crew also out on the land at the same time, you will experience what it is like to be alone but still connected and together in community,

## **The Return**

After our time alone, returning 'to the village' and sharing our gifts (the insights we might have collected on the way) is a crucial moment in our adventure. Our opportunity to practice reciprocity and interconnectedness.

We will welcome each other back from our solo time and together we will share the stories of our experiences and explore how they might be integrated into our everyday lives.



# The Flow of our time together

## Session 1

19:00 - 21:00 GMT  
online

Introduction to Becoming Crew  
& connecting as a community.

Explore the questions we are  
holding and the possibilities  
we feel in our work and our  
life.

Work through a range of  
practices to deepen our  
connection to ourselves, the  
more-than-human world and to  
build our community

## Session 2

19:00 - 21:00 GMT  
online

Explore the role & origins of  
threshold walks and practices  
to help you to connect with  
your local space and its unique  
stories, rhythms and patterns -  
preparing for your time out on  
the land.

## Session 3

19:00 - 21:00 GMT  
online

Prepare to step through the  
portal for our solo  
experience, including the  
practicalities of your  
threshold walk such as  
choosing your route & duration  
of the walk.

We shape our intentions, ready  
to share with the land over  
the following days.

# The Flow of our time together

## Threshold Walk (self-paced + self-placed)

Stepping over the threshold and onto the land in a place of your own choosing, you will enter into your solo threshold walk. With the knowledge of your crew also out on the land at the same time, you will experience what it is like to be alone but still connected and together in community.

## Community Return 19:00 - 21:00 BST online

We will welcome you back from your solo time and through the ancient form of council, we will share the stories of our experiences and how they might be integrated into our everyday lives.

## Integration 19:00 - 21:00 BST online

Crew check-in, refocusing on our initial question and what came up in the solo and subsequent integration.

Galvanising ourselves to take action, in service to all life.

# Dates & cost



## Cohort#1

23th Nov to 15th Dec

Session 1: 23th Nov

Session 2: 30th Nov

Session 3: 7th Dec

Threshold Walk: 10th Dec

Session 4: 10th Dec online

Session 5: 14th Dec

## Cohort #2

25th Jan to 15th Feb

Session 1: 25th Jan

Session 2: 1st Feb

Session 3: 8th Feb

Threshold Walk: 11th Feb

Session 4: 11th Feb online

Session 5: 15th Feb

## Cost

**£225**

**Payment plan options available-**  
please email us and let us know what  
would help you participate in the  
experience

# Testimonials from crew

**A profound and nourishing experience** generously hosted and facilitated by Evva, Mark and Dan with beauty, insight and love.

*Anne Weber Carlsen*

**It's the space I've been looking for to feel, reflect, connect and hibernate.** Community Solo, for me, has revealed strength in community, nature, and being. It's amplified my innate craving to become a human being, not a human doing, and has led me to a collective heartbeat.

*Amelia Crews*



# Testimonials from crew

*I loved being a part of community solo. I had not participated in something like this before but it was beautiful to be amongst a group of people who were discovering things together. I feel it has given me a renewed sense of calm heading into winter. **A fantastic experience that allowed me to shift my perspective** and view the questions I hold through a softer lens.*

*Ellie Ewart*

*Dan, Evva, and Mark very gently guide us down into soul. Into a place where we can meet each other in authenticity, care, and attention. It's a beautiful clearing in the woods, where you meet in the warmth of each other's embrace and experiences, before heading off into the woods again, with confidence, that you are always heading in the right direction and trust that you are never walking all alone."*

*David Hoogland*



# Your Basecamp Crew



**Dan Burgess | Guide, Co-designer, Artist - creating/holding spaces and journeys for change**

I'm drawn to creating spaces which encourage depth, open-ness and connection, as a DJ, a facilitator of creative processes and designing and hosting spaces for radical collaboration. I've learned much about cultivating the conditions for self-organising co-creative regenerative potential. I believe in inquiry led experimentation, experiential learning and practice building, action and reflection. Over the last 12 years I have gone deeper into personal transformation and my own rewilding, learning from many wise teachers, including Chris Salisbury/Call of the Wild, Bayo Akomolafe/We Will Dance With Mountains, and a range of visiting faculty at Schumacher College as a contributor to Co-Creating the Emerging Future. I'm fortunate to continue to expand my perspectives through deepening my relationship to the landscapes around me, from being a father to three young humans and through hosting amazing humans on The Spaceship Earth Podcast.



**Evva Semenowicz | Facilitator & Movement practitioner. I work from a place of deep intuition, weaving pathways of belonging in groups, helping others connect to their own inner knowing.**

My practice is rooted in a desire to co-create spaces that allow us to step into a sense of interdependence and deep connection; harnessing the incredible wisdom contained in our bodies & our imagination. I have over 10 years of experience in creative strategy & designing experiences for nurturing collective creativity and imagination. I have trained with and learnt from Change in Nature, Open Edge Foundation and The Embodiment Institute, The Kali Collective & Bristol Yoga Roots Project.



**Mark Sears | Nature inspired facilitator, wild guide, storyteller and soulful activist.**

My work weaves together creative activism, participatory design and emergent strategy with nature-based practice, deep ecology and storytelling. Over the last 10 years I have been exploring how these ideas might begin to reanimate the relationship we have with the living earth to support a rebellion of the heart for us as individuals and in the cultures we create in these mysterious times. I have been influenced by numerous guides, teachers and learning experiences including Chris Salisbury from WildWise (Call of the Wild & Tending the Green Fire), Dr Martin Shaw (West Country School of Myth and Story) and Annie Bloom (Buffalo Dreaming Lodge). I am a carrier of Council having trained with Pip Bondy of Ancient Healing Ways, I bring this ancient and powerful form of space-holding into my work to deepen our experience and build community.



Who or what might you become  
in service to life on earth?

To book your spot, email [hello@becomingcrew.com](mailto:hello@becomingcrew.com)